

DR. D.Y. PATIL INSTITUTE OF OPTOMETRY AND VISUAL SCIENCES

DR. D.Y. PATIL VIDYAPEETH, PUNE (DEEMED TO BE UNIVERSITY)

Accredited by NAAC with CGPA of 3.64 on a 4 point scale at 'A++' Grade

LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Extra ocular muscles and its movement

Lesson Title: Extra ocular muscle

Learning Outcomes: Student should be able to identify ocular uscles movement

Specific Learning Objectives:

- 1. Explain extra ocular movement
- 2. Enemurate their movement
- 3. Expalin Anatomy of E.O.M.

Instructional Method: power point presentation

Duration: 60 minutes

| Time: 5 minutes | Activity Description Introduction of the topic | Resources/A.V. Aids PPT/ projector & laptop | Assessment Method |
|------------------------|-------------------------------------------------------------------|---------------------------------------------|-------------------|
| 45 minutes | Anataomy of extra ocular muscles and their direction of movements | Ταριορ | Oral questioning |
| 10 minutes | Q & A Session, interactive doubt solving session | | |

List of Learning Resources

Principles of Optics & Refraction—Duke Elder

Optics & Refraction-- LPAggarwal



Accredited by NAAC with CGPA of 3.64 on a 4 point scale at 'A++' Grade

LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Types of E.O.M and Laws of movement

Lesson Title: Extra Ocular Movement

Learning Outcomes: Student should be able to diagnose muscles movement and their governing

laws

Specific Learning Objectives:

1. Enumerate the types of E.O.M.

2. Explain the movement of every E.O.M.

3. Explain the laws of movement

Instructional Method: power point presentation

Duration: 60 minutes Time: **Activity Description** Resources/A.V. Aids **Assessment Method** Revision of the Day 1 PPT/ projector & 10 minues previous topic laptop Introduction of the 5 minutes new topic Explaining the types Oral questioning 35 minutes of muscles and their respective movement. And their governing laws of movement 10 minutes Interactive doubt solving session

List of Learning Resources

Principles of Optics & Refraction—Duke Elder Optics & Refraction-- LPAggarwal



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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Class test

Lesson Title: Extra Ocular Movement

Learning Outcomes: Assesing the learning of previous classes

Specific Learning Objectives:

1. Enumerate the understanding of the previous lectures

2. Explaining the doubt of topics

Instructional Method: power point presentation

Duration: 60 minutes

| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
|------------|--------------------------------------------------------------------------------------|---------------------|--------------------------|
| 5 minutes | Introduction of the | Oral | Onel exectioning |
| 45 minutes | Evaluating the learning outcomes of previous lectures by giving questions of topics. | | Oral questioning |
| 15 minutes | Q & A Session, interactive doubt solving session | | |

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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Binocular Single Vision

Lesson Title: Binocular Single Vision

Learning Outcomes: Student should be able to diagnose and correct Binocular Single Vision

Specific Learning Objectives:

1. Explaining what is Binocular Single Vision

2. Explain importance of Binocular Single Vision

Instructional Method: power point presentation

Duration: 75 minutes

| Time: | Activity Description | Resources/A.V. | Assessment Method |
|------------|-----------------------------|------------------|--------------------------|
| 5 minutes | Introduction of the topic | Aids | |
| | | PPT/ projector & | Oral Questioning |
| | Detailed explanation of | laptop | |
| 45 minutes | Importance and need of | | |
| | Binocular Single Vision | | |
| | | | |
| | | | |
| | Q & A Session, | | |
| 10 minutes | interactive doubt solving | | |
| | session | | |

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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Mechanism of B.S.V.

Lesson Title: Binocular Single Vision

Learning Outcomes: At the end of the lecture students should be able to know the mechanism

in which B.S.V. work

Objectives:

1. Explain the mechanism of B.S.V

2. Explain How all mechanism work with one other

3. Describe how to check the mechanism

Instructional Method: power point presentation

Duration: 60 minutes

| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
|--------------|-----------------------------|---------------------|----------------------|
| | | PPT/ projector | Method |
| | | & laptop | |
| 10 minues | Revision of the | a laptop | Oral questions |
| | previous topic | | |
| 5 minutes | Introduction of the | | |
| | topic | | |
| 35 minutes | Detailed explanation | | |
| | on Mechanism & | | |
| | Components of | | |
| | Binocular Single | | |
| | Vision | | |
| | | | |
| 10 minutes | Q & A Session, | | |
| | interactive doubt | | |
| T. (0 T) D | solving session | | |

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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Strabismus

Lesson Title: Introduction to orthoptics

Learning Outcomes: students should be able to identify type of strabismus

Objectives:

1. Explain what is strabismus

2. Explain the classification of strabismus

3. Difference between types of strabismus

Instructional Method: power point presentation

| Duration: 60 | | | |
|----------------|------------------------------------------------------------|---------------------------------------------|----------------------|
| Time: Day 1 | Activity Description | Resources/A.V. Aids PPT/ projector & laptop | Assessment Method |
| 5 minutes | Introduction of the topic | αιαριορ | Oral Questioning |
| 45 minutes | Detailed explanation of strabismus and its classification. | | |
| 10 minutes | Q & A Session, interactive doubt solving session | | |

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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

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Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Exodeviations and Endo deviation **Lesson Title:** Introduction to orthoptics

Learning Outcomes: students should be able to identify Exodeviations and Endo deviation

Objectives:

1. Explain the difference between Exodeviations and Endodeviation

2. Explain the classifications of Exodeviations and Endo deviation

3. Explain the treatment approach for Exodeviations and Endo deviation

Instructional Method: power point presentation

Duration: 60 minutes

| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
|------------|--------------------------------------------------------------------------------------------------------|----------------------------|----------------------|
| 5 minutes | Introduction of the topic | 1 | |
| 45 minutes | Explaining the Exodeviations and Endo deviation and their classification, and their treatment options. | PPT/ projector & laptop | Oral Questioning |
| 10 minutes | Q & A Session, interactive doubt solving session | | |

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LESSON PLAN

Name of College: D.Y.Patil Institute of optometry and visual sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Orthoptic Examination test. **Lesson Title:** Introduction to orthoptics

Learning Outcomes: students should be able to perform various orthoptic tests

Objectives:

Explain about the types of Orthoptic tests
 Explain the procedure of Orthoptic tests

Instructional Method: power point presentation

Duration: 120 minutes

| Activity Description | Resources/A.V. Aids | Assessment Method Class test |
|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Introduction of the topic |], | |
| Principle & types of Orthoptic tests | PPT/ projector & laptop | |
| Q & A Session, interactive doubt solving session | | |
| | Demonstration | |
| Revision of previous topic | session | |
| Types of Orthoptic tests and procedures | | |
| Q & A Session, interactive doubt solving session | | |
| | Introduction of the topic Principle & types of Orthoptic tests Q & A Session, interactive doubt solving session Revision of previous topic Types of Orthoptic tests and procedures Q & A Session, interactive doubt | Introduction of the topic Principle & types of Orthoptic tests Q & A Session, interactive doubt solving session Revision of previous topic Types of Orthoptic tests and procedures Q & A Session, interactive doubt |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Suppression and Amblyopia **Lesson Title:** Anomalies of B.S.V.

Learning Outcomes: At the end of the lecture should be able to identify the patients with

suppression and amblyopia **Specific Learning Objectives:**

- 1. Explain the suppression
- 2. Causes of Suppression
- 3. Explain amblyopia
- 4. Etiological classification amblyopia
- 5. Treatment of amblyopia and suppression

Instructional Method: Lecture

Duration: 60 minutes

| Time: 5min | Activity Description Introduction of topic | Resources/A.V. Aids | Assessment Method |
|---------------|-------------------------------------------------------------------------|-------------------------|----------------------------------|
| 50 min | Explaining the causes, type and treatment of amblyopia and suppression. | PPT/ projector & laptop | Assignments And oral questioning |
| 5min | Q & A Session, interactive doubt solving session | | |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Academic Year: 2022-23 **Course:** Optometric optics Batch: IInd year

Topic: Confusion and Diplopia Lesson Title: Anomalies of B.S.V

Learning Outcomes: At the end of the lecture should be able to identify the patients with

Confusion and Diplopia

Specific Learning Objectives:

- 1. Explain the diplopia
- 2. Causes of diplopia
- 3. Explain confusion
- 4. Difference between crossed diplopia and uncrossed diplopia

5. Treatment of confusion and diplopia

Instructional Method: Lecture

| Duration: | 60 | mınu | tes | |
|-----------|----|------|-----|--|
| TT: | | | | |

| Duration of inflates | | | |
|----------------------|-----------------------------|---------------------|--------------------------|
| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
| 10 min | Introduction to topic. | PPT, white board | |
| | | | Oral questioning and |
| | Explaining the causes, | | assignments. |
| 45 min | type and treatment of | | |
| | confusion and diplopia | | |
| 5 min | | | |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Correction of ametropia

Lesson Title: Refractive status of eyes

Learning Outcomes: Student should be able to diagnose and correct different types of

ametropia

Specific Learning Objectives:

- 1. Explain the ametropia
- 2. Causes of ametropia
- 3. Types of ametropia
- 4. Treatment of ametropia

Instructional Method: Lecture

Duration: 60 minutes

| Butution: 00 innuces | | | |
|----------------------|-----------------------------|---------------------|--------------------------|
| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
| 10 min | Introduction to topic. | PPT, white board | |
| | | | Oral questioning and |
| | Explaining the sign and | | assignments. |
| 45 min | symptoms, type and | | |
| | treatment of different | | |
| 5 min | ametropia. | | |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Test for B.S.V.

Lesson Title: Binocular Single Vision

Learning Outcomes: Student should be able to diagnose the B.S.V. anomalies

Specific Learning Objectives:

1. Explain types of tests.

2. Explain procedure of tests.

3. Explain principle of tests

Instructional Method: Lecture

| T | -0 | • . |
|------------------|---------|---------|
| Duration: | 60 | minutes |
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| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
|------------|-------------------------------------------------------------------------|---------------------|-----------------------------------|
| 10 min | Introduction to topic. | PPT/ projector & | |
| 45 min | Explaining the types and procedure of B.S.V. test and their importance. | laptop | Oral questioning and assignments. |
| | | Demonstartion | |
| 10 minutes | Q & A Session, interactive doubt solving session | | |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Course: Optometric optics Academic Year: 2022-23 Batch: IInd year

Topic: Test for Stereopsis

Lesson Title: Binocular Single Vision

Learning Outcomes: Student should be able to diagnose the normal and abnormal steropsis

Specific Learning Objectives:

- 1. Explain types of tests.
- 2. Explain procedure of tests.
- 3. Explain principle of tests

Instructional Method: Lecture

Duration: 60 minutes

| Duration: 00 minutes | | | | |
|----------------------|-----------------------------------------------------------------------------|-------------------------|-----------------------------------|--|
| Time: | Activity Description | Resources/A.V. Aids | Assessment Method | |
| 10 min 45 min | Explaining the types and procedure of stereopsis test and their importance. | PPT/ projector & laptop | Oral questioning and assignments. | |
| | | Demonstartion | | |
| 10 minutes | Q & A Session, interactive doubt solving session | | | |

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Name of College: Dr. D.Y. Patil Institute of Optometry & Visual Sciences

Name of Department: Optometry

Academic Year: 2022-23 **Course:** Optometric optics Batch: IInd year

Topic: Orthoptic examination

Lesson Title: Introduction to orthoptics

Learning Outcomes: Student should be able to diagnose the normal and abnormal orthoptics

parameter

Specific Learning Objectives:

- 1. Explain types of tests.
- 2. Explain procedure of tests.
- 3. Explain principle of tests.
- 4. Explain the normal and abnormal outcomes of test

Instructional Method: Lecture

Duration: 60 minutes

| Duration. 00 influtes | | | |
|-----------------------|-----------------------------|---------------------|--------------------------|
| Time: | Activity Description | Resources/A.V. Aids | Assessment Method |
| 10 min | Introduction to topic. | PPT/ projector & | |

| 10 min 45 min | Introduction to topic. Explaining the types and procedure of orthoptic examination test and their importance. | PPT/ projector & laptop Demonstartion | Oral questioning and assignments. |
|---------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------|-----------------------------------|
| 10 minutes | Q & A Session, interactive doubt solving session | | |

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